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ORALMEDNET

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Diseases of the oral mucosa

1. Infective stomatitis

2. Non- infective stomatitis

3. Malignant disease

Infections

Oral infections can fall into three main categories:

- Bacterial- Aerobic and anaerobic
- Fungal- Candida and other mucomycoses
- Viral- Herpes viruses, HIV

- Bacterial
 - 1. NUG (ANUG)
 - 2. Syphilis
 - 3. Tuberculosis
 - 4. Actinomycosis
 - 5. Other

- Fungal
 - 1. Candidosis

- Viral
- 1. Human Herpes Virus I, II, III, IV, V, VI, VII, VIII,
- 2. Mumps
- 3. HIV

- Bacterial
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 - 4. Actinomycosis
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Oral Infections may arise as a result of

- Bacterial
 - 1. NUG- Necrotizing Ulcerative Gingivitis (Vincent's Infection, Trench Mouth) Distinct pattern of pathological changes of the gingiva. Previously called ANUG but acute dropped as there is no chronic form of the disease

Predisposing factors: Depressed systemic immunity

- Stress (stress related corticosteroid hormone are thought to alter T4/T8 lymphocyte ratio leading to a decreased neutrophilic chemotaxis and phagocytic response
 - Immunosuppression
 - Smoking
 - Local Trauma
 - Poor nutrition
 - Poor OH
 - Inadequate sleep
 - Recent illness

NUG- from Neville Damm et al





NUM- from Neville Damm et al

Clinical Features- NUG

- Occur at any age (young to middle age)
- Inflamed interdental papillae (blunt and punched out)
- Crater -like necrosis, grey pseudo membrane
- Fetid odour, pain
- Lymphadenopathy and fever may occur

NUG- from Neville Damm et al





NUM- from Neville Damm et al

Treatment- quick resolution following removal of bacterial challenge

- Scale
- Oral Hygiene
- Chlorhexidine MW
- Antibiotics (Metronidazole, Penicillin)
- Rest
- Investigate for possible immune suppression if resistant to therapy

- Bacterial
 - 1. ANUG
 - 2. Syphilis
 - 3. Tuberculosis
 - 4. Actinomycosis
 - 5. other

Bacterial

- 1. Syphilis (*Traponema Pallidum*)
- Sexual transmission, or from mother to foetus
- Extremely vulnerable to drying
- Proceeds through 3 stages: Primary and secondary (very contagious) and Tertiary
- Primary (Chancre) develops at site of inoculation (painless clean based ulcer or similar to pyogenic granuloma (heals within 3-8 weeks if untreated)
- Secondary (disseminated) 4-6 weeks after initial infection. Systemic symptoms (lymphadenopathy, sore throat Head ache, malaise musculoskeletal pain; Oral lesions may appear red macullopapular areas, Scarring and hyper/hypo pigmentation, mucous patches (30%), if they fuse may appear snail track ulcer, papillary appearance called Condyloma lata. Spontaneous resolution may occur
- <u>Tertiary (Latent)</u> may develop 1 to 30 years later; Indurated nodular granulomatous inflammation called **Gumma**

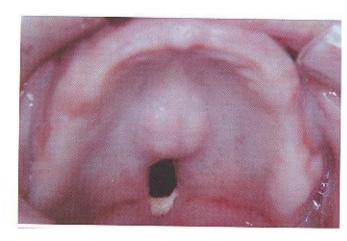
Hutchinson's incisor

Infections-Bacterial





Secondary Syphilis- mucous patch



Gumma



Secondary Syphilis

Bacterial

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 Gumma









Bacterial

Syphilis <u>Tertiary (Latent)</u> may develop 1 to 30 years later;
 Indurated nodular granulomatous inflammation called
 Gumma







Oral Infections- Syphilis





Congenital Syphilis Hutchinson's Triad:

Hutchinson's teeth: incisors

Mulberry Molars

Ocular interstitial keratitis

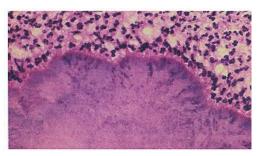
• Eighth nerve deafness

Diagnosis: Smear showing spiral organisms by dark- field exam
Serology- fluorescent treponemal antibody absorption (FTA-ABS) and micro hemagglutination assay for antibody to *T. Pallidum (MHA-TP)*

Treatment: Penicillin

Tuberculosis

- Chronic infectious disease(Mycobacterium tuberculosis)
- Primary infections usually asymptomatic and located at apex of lungs
- Oral lesions uncommon
- Diagnosis: 2-4 weeks after exposure cell-mediated hypersensitivity reaction to tubercular antigens develop purified protein derivative (PPD) skin test
- Treatment- Multi agent (isoniazid, rifampin, pyrazinamide)



Actinomycosis

Filamentous branching gram +ve anaerobic bacteria (actiomyces israelli)

Present in oral flora

Acute rapid progress infection

Chronic slow spreading lesion

Suppurative discharge of yellowish fleck (called sufur granules)

Diagnosis by culture showing colonies surrounded by Polymorphs

Treatment: Penicillin

Infections-Bacterial

- Impetigo- Superficial infection of the skin that is caused by *Streptococcus pyogenes* and/or *Staphylococcus aureus*. Common in children and often occurs in areas of abrasion and cuts. Often the infection may be on the face, with vesicles that rupture and become thick adherent crusts. Usually no systemic manifestations such as fever.
- Mx-Topical mupirocin, Antibiotic (Clindamycin)

Mupirocin-<u>bacteriostatic</u> at low concentrations and <u>bactericidal</u> at high concentrations.[2] It is used topically and is effective against <u>Gram-positive</u> <u>bacteria</u>, including <u>MRSA</u>

Infections-Bacterial: Other

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- Mx- Topical mupirocin, Antibiotic (Clindamycin)



Infections-Bacterial: Other

Cat-scratch disease- infectious disorder beginning on skin but rapidly spreads to lymph nodes. Most common cause of chronic regional lymphadenopathy in children. Caused by *Bartonella henselae or Rochalimaea henselae* typically entering through a bite or scratch.

 Mx- self limiting but persistent lesions may need excision

Infections- Bacterial: Other

Cat-scratch disease- infectious

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- Fungal
 - 1. Candidosis

Infections-Fungal

<u>Candidosis</u>- most commonly infection by Candida albicans (other members of Candida family include *C. tropicalis, C. krusei, C.* parapsilosis, C. guilliermondi)

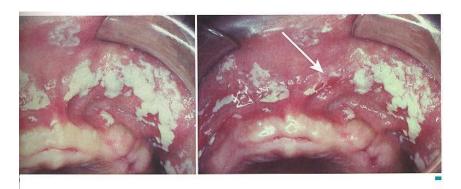
Infections-Fungal



Angular chelitis



Denture associated



Pseudo membranous



Hyperplastic

CANDIDOSIS

ACUTE CANDIDOSIS

- 1. Thrush*
- 2. Acute antibiotic stomatitis

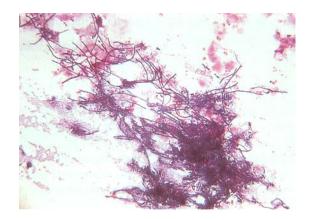
CHRONIC CANDIDOSIS

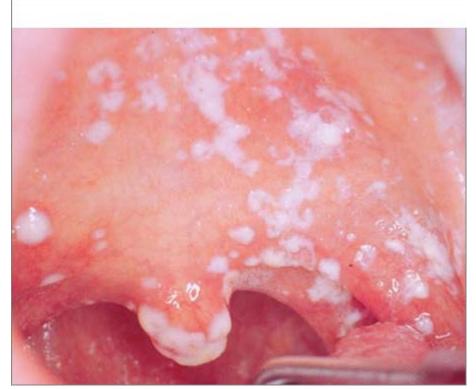
- 1. Denture-induced (chronic atrophic)
- 2. Chronic hyperplastic candidosis*
- 3. Chronic mucocutaneous candidosis
- 4. Erythematous candidosis
- Angular stomatitis common to all forms of oral candidiosis

Thrush (Acute candidosis)



- Wipes off
- Adult male, no predisposing factors!!











- Fungal infection
- C. albicans most common, but also C. glabrata, C tropicalis and C. krusei
- notorious opportunistic pathogen
- Carriage rate ~ 20% of normal oral flora
- Harmless commensal in the mouths of nearly 50% of the population, becomes an opportunistic pathogen following a disturbance to oral flora in decreased immunity
- Increases to ~ 40% in presence of medical conditions, pregnancy, tobacco smokers and denture wearers
- Children: peak carriage ~ 45% at ~18 months
- Primary site is dorsum of tongue
- Mechanism which they induce disease not really known
 - secreted enzymes, toxins, antigenic response

- Factors pre-disposing to infection:
 - Local
 - mucosal trauma, denture wearing, tobacco smoking
 - Age
 - extremes
 - Drugs
 - broad spectrum AB's, steroids, immunosuppressant agents
 - Xerostomia
 - drugs, radiotherapy, Sjogren's syndrome
 - Systemic disease
 - HIV, Fe deficiency, diabetes, leukaemia, some anaemia

- Three most common presentations are:
 - Acute Pseudo membranous
 - 'thrush'
 - thick white coating on affected mucosa, wipes off leaving red surface
 - resembles milk-curds
 - Caused by drugs (corticosteroids, Abs, immunosuppressant), xerostomia, immune defects
 - Dx- smear with PAS staining
 - Mx- treat predisposing factors, antifungal
 - Chronic atrophic
 - 'denture stomatitis', 'median rhomboid glossitis'
 - erythema
 - related to denture hygiene

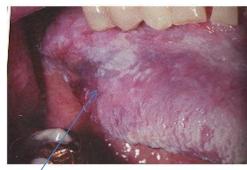
- Angular cheilitis
 - co-infection with S. aureus
 - soreness, erythema, fissuring at the corners of the mouth
 - ? nutritional deficiencies
 - riboflavin, folic acid, B₁₂
- Chronic mucocutaneous candidosis- number of rare congenital syndromes with persistent candidosis affecting the mouth, skin, nails and other areas.
- Candidal leukoplakia (chronic hyperplastic candidosis)- smoking tends to predispose; typically dorsum of tongue and post commissural buccal mucosa. rough irregular surface. Potentially malignant.

Treatment

- **Polyene agents** Nystatin; Amphotericin B- poorly absorbed in GI tract so requires good direct contact
- Imidazoles- Clotrimazole, Ketaconazole (absorbed by GI tract), <u>Ketaconazole</u> may react with erytromycin, cirpride (GI tract motility enhancing agent) antihistamine astemizole
- **Triazoles-** well absorbed and used systemically (Fluconazole, Itraconazole), **Fluconazole** may interact with oral hypoglycemics, phenytoin, cyclosporin, astemizole, tacrolimus, cisapride; **Itraconazole** should not be used with astemizole, cisapride, medazolam)











CLINICAL TYPE	APPEARANCE AND SYMPTOMS	COMMON SITES	ASSOCIATED FACTOR AND COMMENTS
Pseudomembranous (thrush)	Creamy-white plaques, removable; burning sensation, foul taste	Buccal mucosa, tongue, palate	Antibiotic therapy, immunosuppression
Erythematous	Red macules, burning sensation	Posterior hard palate, buccal mucosa, dorsal tongue	Antibiotic therapy, xerostomia, immuno- suppression, idiopathic
Central papillary atrophy (median rhomboid glossitis)	Red, atrophic mucosal areas; asymptomatic	Midline posterior dorsal tongue	Idiopathic, immuno- suppression
Chronic multifocal	Red areas, often with removable white plaques; burning segsation, asymptomatic	Posterior palate, posterior dorsal tongue, angles of mouth	Immunosuppression, idiopathic
Angular cheilitis	Red, fissured lesions; irritated, raw feeling	Angles of mouth	Idiopathic, immuno- suppression, loss of vertical dimension
Denture stomatitis (chronic atrophic candidiasis, denture sore mouth)	Red, asymptomatic	Confined to palatal denture- bearing mucosa	Probably not true infection; denture often is positive on culture, but mucosa is not
Hyperplastic (candidal leukoplakia)	White plaques that are not removable, asymptomatic	Anterior buccal mucosa	Idiopathic, immuno- suppression; care must be taken not to confuse this with other keratotic lesions with super- imposed candidiasis
Mucocutaneous	White plaques, some of which may be removable; red areas	Tongue, buccal mucosa, palate	Rare; inherited or sporado idiopathic immune dysfunction
Endocrine-candidiasis syndromes	White plaques, most of which are not removable	Tongue, buccal mucosa, palate	Rare; endocrine disorder develops after candidiasis

Infections-Fungal

Histoplasmosis- Infection by *Histoplasma* capsulatum (as with candida it is dimorphic). Most oral lesions occur with disseminated histoplasmosis (other types are; Acute and chronic) especially the tongue, palate and buccal mucosa (solitary painful ulcer).

Mx- Amphotericin B

Oral Infections may arise as a result of

- Viral
- 1. Human Herpes Virus I, II, III, IV, V, VI, VII, VIII,
- 2. Mumps
- 3. HIV

Oral Infections may arise as a result of Viral

- 1. Human Herpes Virus I, II, III, IV, V, VI, VII, VIII, (Herpes Greek for creep or crawl)
- HSV1 (oral) HSV II Genital produce similar lesions and can occur in either region, antibodies to one produces cross-react against the other
- HSV I clinically exhibits a primary (acute herpetic gingivostomatitis / pharyngotonsilitis) usually at young age
- Secondary or recurrent (may exhibit viral shedding) especially with ultraviolet light
- HSV recurrence may trigger 15-60% of mucosal Erythema multiforme

Oral Infections- HSV

- Diagnosis- clinical history, serology two sample initial at 3 days {-ve} and at 4weeks {+ve}(HSV antibodies are + ve 4 to 8 days after), virus isolation from vesicle
- <u>Treatment</u>- Symptomatic and antiviral Acyclovir suspension rinsed and swallowed 5 x day/5 days (15mg/kg child; 200mg adults)
- For those with more than 6
 yearly recurrences, immune
 compromised and erythema
 multiforme— use prophylactic
 systemic acyclovir





Oral Infections- HHV

HHV 3 Varicella-zoster

- Primary infection is chickenpox (malaise, pharyngitis, head ache, myalgia etc
- Secondary as herpes zoster (even 10 years later
- Spread through direct contact or droplet
- Perioral and oral lesions may precede skin lesions and similar to HSV
- Dx- history and clinical appearance; serum samples at acute stage and 14 days later
- Tx- symptomatic and antiviral meds
- 10-20% may develop zoster (predisposed by immune suppression, stress, drugs, dental manipulation etc

HHV 4 (EBV- Epstein Barr Virus)

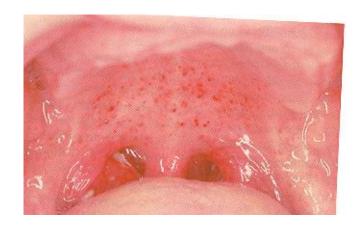
- Kissing disease (infection through intimate contact)
- EBV remains in the host for life
- Prodromal fatigue, malaise, anorexia up to
 2 weeks before, body temp 104°
- Prominent lymphadenopathy
- Petichiae in hard and soft palate
- NUG, Chronic fatigue (controversial), Hairy leukoplakia are associated with EBV
- Dx- increased WBC, Paul-Burnell test (presence of heterophil antibodies {immunoglobulin that agglutinate sheep erythrocytes})
- Tx- resolved in 4-6 weeks, non aspirin based antipyretics,
- Complications- splenetic rupture, Bell's palsy

Oral Infections- HHV

• HHV 3 Varicella-zoster



 HHV 4 (EBV- Epstein Barr Virus)

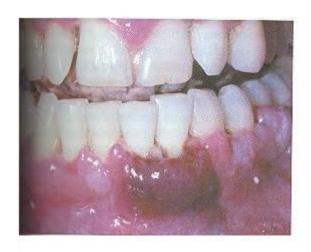


Oral Infections- HHV

HHV 5 (CMV- Cytomegalovirus)

- Similar to HSV, can reside latently in salivary glands
- 90% infections are asymptomatic
- 1/3 may present with pharyngitis and lymphadenopathy; acute sialadenitis that affects all salivary glands (xerostomia)
- Dx- clinical features; biopsy ("owleye" cells, PAS staining to demonstrate cytoplasmic inclusions)
- Tx- resolve spontaneously; gangcyclovir

- HHV 8 (Kaposi Sarcoma)
- Unusual vascular neoplasm (four types: classic, endemic {African}, latrogenic immunosupression related, AIDS related)
- Tx- radiation therapy, chemotherapy (vinblastine)



Infections







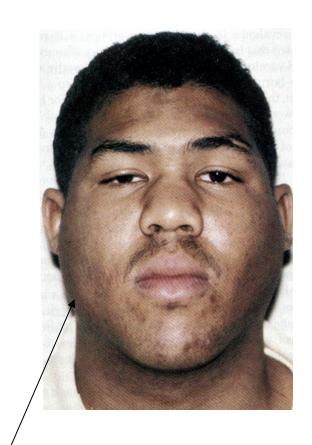


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- 1. Human Herpes Virus I, II, III, IV, V, VI, VII, VIII,
- 2. Mumps
- 3. HIV

Epidemic Parotitis (Mumps)

- Caused by paromyxivirus causing diffuse disease of exocrine glands
- 90% before 15 years (30% are subclinical)
- Enlarged salivary glands peaking in 2-3 days with pain on one side followed by the other (unilateral in 25% cases)
- Epididymo-orchitis occurs in 25% cases of post pubertal males
- Most frequent report of enlargement of Wharton's and Stensen's salivary gland duct opening
- Tx- supportive and non aspirin analgesics



HIV (Human immunodeficiency Virus and AIDS)

First reported in 1981

Initially may be asymptomatic or acute response similar to infectious mononucleosis (generalised lymphadenopathy, sore throat, fever, head ache, myalgia, peripheral neuropathies)

EC- Clearinghouse classification of oral manifestation of HIV Disease in Adults

Group I STRONGLY ASSOCIATED WITH HIV INFECTION

- Candidosis: erythematous, pseudo membranous, angular cheilitis
- Hairy leukoplakia
- Kaposi's sarcoma (KS)
- Non- Hodgkin's lymphoma
- Periodontal disease (linear gingival erythema, NUG, NUP)

EC- Clearinghouse classification of oral manifestation of HIV Disease in Adults

Group II LESS COMMONLY ASSOCIATED WITH HIV INFECTION

- Bacterial infection TB
- Melanotic hyper pigmentation
- NUS (necrotizing ulcerative stomatitis)
- Salivary gland disease (Xerostomia, gland swelling)
- Thrombocytopenia purpura
- Oral ulceration NOS
- Viral infection HSV, HPV, V-Z

<u>EC- Clearinghouse classification of oral</u> manifestation of HIV Disease in Adults

Group III SEEN IN HIV INFECTION

- Bacterial infection A. Israelii, E. coli Linear Gingival erythema
- Cat-scratch disease
- Epitheliod angiomatosis
- Drug reactions: ulcerative, lichenoid
- Fugal infections other than candidosis Histoplasma capsulatum
- Neurological disturbances: facial palsy, TN
- RAS
- Viral infections CMV, molluscum contagiosum







HIV associated periodontitis

Hairy Leukoplakia

NUG

HIV (Human immunodeficiency Virus and AIDS)

Diagnosis- viral culture; HIV antibodies or antigens; enzyme immunoassay (EIA) for antibodies to HIV

Treatment-

- 1. Nucleoside reverse transcriptase inhibitors (Zidovudine)
- Nucleotide reverse transcriptase inhibitors (Adefovir)
- Nonnucleoside reverse transcriptase inhibitors (Capravine)
- 4. Protease inhibitors (Ritonavir)
- 5. Fusion inhibitors (Enfuvirtide)
- 6. Integrase inhibitors (MK-0518 experimental 2009)
- 7. CCR5 inhibitors (Maraviroc)

References

Oral and Maxillofacial pathology: Neville et al,
 Saunders, Elsevier 3rd edition 2009